



Con Alma Health Foundation 2025 Multi-Year Frequently Asked Questions

Questions About the Con Alma Health Foundation (CAHF)

1. When can organizations apply to the CAHF Multi-Year grant cycle?

Letters of Intent will be accepted from April 1, 2025, through 11:59 PM on April 15, 2025.

Organizations selected to advance to the next stage of submitting a full application will be notified by May 28, 2025.

Invited applicants will then complete a full application, which opens on June 2, 2025, and closes at 11:59 PM on June 30, 2025.

2. What is the amount of grant awards?

Applicants may request: \$30,000, \$40,000, or \$50,000.

3. How many grants does CAHF expect to award?

For the 2025 CAHF Multi-Year grant cycle, up to \$300,000 will be awarded annually (estimating 6-10 grants).

4. What is the difference between the CAHF annual Statewide and Northern NM Health Grants and a Multi-Year Grant?

Multi-Year grants provide a higher level of annual funding over multiple years with the expectation that the impact will be greater than what is expected from a yearly grant.

5. What reporting will be required?

Progress reports for Year 1 and Year 2 are due in November. After review, funds are distributed in December for use in the following year. A comprehensive final report is required at the end of Year 3.

6. Will there be an information session for organizations wishing to submit a Letter of Intent?

Yes. Multi-Year LOI Information Session's will be as follows:

Tuesday, March 25th at 10am - <https://us06web.zoom.us/j/2499238393?omn=82552001125>

Meeting ID: 249 923 8393

Thursday, March 27th at 2pm <https://us06web.zoom.us/j/2499238393?omn=82059932381>

Meeting ID: 249 923 8393

7. Where should questions be sent to?

All grant related questions can be sent to: sysadmin@conalma.org. Additionally, informal question and answer sessions will be hosted on:

Tuesday, April 8th at 9am <https://us06web.zoom.us/j/2499238393?omn=81162783146>

Meeting ID: 249 923 8393

Wednesday, April 9th at 1pm <https://us06web.zoom.us/j/2499238393?omn=85917957216>

Meeting ID: 249 923 8393

Questions About Eligibility

8. Are CAHF grants geographically restricted?

Yes. CAHF grants must benefit people living in New Mexico.



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9. Can organizations not located in New Mexico apply?

Yes. However, the work for which you are seeking CAHF support must **directly** benefit people living in New Mexico.

10. If an organization has applied in the past to CAHF, are they eligible to apply again?

Yes. Organizations may apply annually (whether an award is received or not). However, it is highly recommended to avoid requesting funds in support of the same project or for the same purpose.

11. If an organization is currently funded by CAHF, can they apply again?

If an organization is currently receiving funding and has met all the grant requirements to date in a timely manner, they may apply for consideration. If there are problems meeting requirements for the current grant, it is best to discuss your project with our staff before applying: sysadmin@conalma.org.

12. If an organization is currently receiving multi-year funding, can they apply for other multi-year grants?

Yes, organizations may apply annually, regardless of whether they have received a multi-year award in the past. However, if applying for the same project that was previously funded, organizations must demonstrate the progress made under the prior grant.

13. Does CAHF fund ongoing programming and activities?

Starting in 2025, CAHF will award multi-year grants designed to support ongoing programming and activities.

CAHF's annual Statewide and Northern NM Health Grants typically do not provide ongoing funding for the same activities. Organizations that have previously received a CAHF grant and apply for additional funding in subsequent years must demonstrate how they are building upon prior strategies.

14. Can a new organization apply for a multi-year grant?

To be eligible for multi-year grants, organizations must demonstrate at least **three (3) years** of experience with a solid track record in facilitating programs. Applicants must have an Employer Identification Number (EIN) and a 501(c)(3) designation from the IRS.

If an organization does not have an EIN or 501(c)3 designation, they may still apply through a fiscal sponsor. However, the applying organization must still demonstrate a **three (3) year** track record of successful programming.

Questions About Funding

15. Can organizations submit more than one multi-year Letter of Intent (LOI) for funding if there are several different needs?

Each organization may submit only one LOI for the multi-year grants and one application for the annual grants. Organizations serving as fiscal sponsors for a project or group may still submit their own applications for funding.



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It is strongly recommended that organizations avoid submitting the same proposal for both the multi-year grants and the annual grants.

16. When will organizations be notified if they are invited to submit a full application?

Organizations that are invited to submit a full application will receive notification by May 28th.

17. When will the organization be notified if they have been selected as a multi-year grant recipient?

Decisions are made during the fourth quarter by CAHF's Board of Trustees based on recommendations from the CAHF Grantmaking Committee. We anticipate notifying all applicants of the decision by early November 2025.

18. When will proposals that are approved receive funds?

Funds will be disbursed by mid December 2025 and the grant period will begin January 1, 2026.

19. If a coalition has several partners, can each organization submit an individual LOI for their work or would a joint proposal be better?

CAHF supports and encourages coalitions and collaborative efforts. We recommend submitting a single, joint proposal through the designated 'lead' organization identified by the coalition or collaborative. This approach ensures the application accurately reflects the coalition's shared vision, goals, activities, and outcomes.

The proposed budget may also include resources needed by coalition partners to support their participation.

20. Why does CAHF only fund 501(c)(3) nonprofit organizations?

Based on New Mexico state law and IRS regulations governing CAHF, we can only make grants to 501(c)(3) organizations.

21. Are letters of support required or accepted?

CAHF does not require nor accept letters of support unless an organization works within the jurisdiction of a Sovereign Nation. If the proposed work is within a Sovereign Nation, you must upload a letter of support from an existing community group that is based within the tribal community or from a tribal governmental entity (department / agency) as an attachment to the application. **Letters of support or extra materials are not accepted.**

22. When are the Tribal support letters due?

Tribal letters of support are due at the time an application is submitted. If additional time is needed to secure the letter(s), upload a document stating the reason for needing additional time with the application. If required documents are not uploaded by the agreed upon extension due date, the application will not be considered.

Questions About the Budget

23. Is a budget template required?

Yes. Those invited to complete the **full application** are required to complete a proposal budget template that includes all revenues that will support the work proposed for funding (secured and pending), expenses of the proposed work, and itemized costs for the amount requested from CAHF. (NOTE: A budget is not required to be submitted in the Letters of Intent)



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24. Will organizations have to submit an annual operating budget?

Yes. In addition to completing the proposal budget, organizations are asked to “upload a copy of the organization’s general operating budget, showing all revenue sources and major expense categories, for the most current fiscal year.” This is for the **entire** organization not just the proposal being submitted.

25. If an organization is applying through a fiscal sponsor, whose operating budget should be uploaded?

When applying through a fiscal sponsor, upload the full operating budget for the **applicant** organization (or group), showing all revenue sources and major expense categories, for the most current fiscal year.” Do **not** upload the fiscal sponsor’s operating budget.

26. What are allowable administrative costs?

Allowable administrative costs are up to 20% of the grant award. When using a fiscal sponsor, organizations may allocate administrative costs up to 10% of the grant award PLUS 10% fiscal sponsor expenses.

27. Can these funds be used to support salaries?

Yes. CAHF recognizes the importance of providing support for those who will accomplish the key activities outlined in your application. The project budget template includes salaries (personnel) as an option.

28. Is partial funding ever awarded? Or is it all or nothing?

Whenever possible, CAHF will award the full amount requested. In unique circumstances, CAHF will award partial funding if the full amount is not available.

Upstream, Systems Change Focus

Awards support a wide range of projects, initiatives, and organizations focused on upstream, systems change to ensure that New Mexico’s diverse populations and communities have full access and opportunities to lead healthy lives.

29. Project Support For medium to large efforts focused on health system strategies that address the needs, opportunities, gaps of New Mexico’s diverse communities that will demonstrate a long term change.

An application for Project Support generally:

- Focuses on a particular set of goals,
- Engages a focused group of beneficiaries,
- Employs specific systems-level activities,
- Identifies outcomes that tend to be accomplished within a finite period.

Project efforts contribute to and are aligned with the organization’s mission. CAHF will consider requests that focus on advancing health equity and/or addressing the social determinants of health.

30. Capacity Building Support To address the need for capacity building and technical assistance among New Mexico’s nonprofits and/or nonprofit sector.



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Capacity building support grants address the need for strengthening the capacity among nonprofits and/or the nonprofit sector in New Mexico. Consideration will be given when the capacity of an organization is critical to the well-being of an underrepresented population or community.

Capacity building support seeks to:

- Support a nonprofit organization to build its internal capacity.
- Strengthen the capacity of nonprofit sector to function more effectively and efficiently.
- Augment the capacity of networks, alliances, collaborations, and other coordinating efforts.

Whether the nonprofit organization seeks to receive or to provide capacity building support, funding may be requested to:

- Increase awareness, understanding, competencies, and/or engagement on an issue or policy.
- Build skills and expand impact and effectiveness, increase capacity to lead, manage, operate organization by acquiring new skills, expanding existing capacity, incorporating new technology /tools.
- Strengthen and augment the capacity of networks, alliances, collaborations, and other coordinating efforts.

Definitions & References

- 31. Health Equity** means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health.
- 32. Health in All Policies** approach works to improve health by considering the positive and negative health impacts of all policy decisions, across all levels of government and all policy areas.
- 33. Social Determinants of Health** are the “drivers of poor health that go beyond our genes and go beyond our personal behaviors” and which are systemic and that impact health (systems and services, behavioral, mental, cultural), wellness, quality of life (inclusive of education, employment, housing, income, wealth, public safety, environment-social & physical, transportation, etc).
- 34. Social Justice** is the fair and equitable distribution of wealth, opportunities, and privileges within a community.
- 35. Racial Equity** gives people what they need to enjoy full, healthy lives, regardless of race.

About Con Alma Health Foundation

36. Where does CAHF's endowment come from?

In 2001, policymakers and health-consumer advocates collaborated to establish Con Alma Health Foundation to invest approximately \$20 million from the sale of Blue Cross Blue Shield of New Mexico. State law required that its assets be set aside for a nonprofit dedicated to health in New Mexico.

For almost 25 years, CAHF has invested over \$20 million in nonprofits improving health in New Mexico and bringing people together to work toward health equity.



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37. What is Con Alma Health Foundation's mission and values?

CAHF is organized to be aware of and respond to the health rights and needs of the culturally and demographically diverse peoples and communities of New Mexico. To fulfil this mission, CAHF makes grants, contributions, and program-related investments.

CAHF's assets go beyond its grantmaking dollars. CAHF advocates systemic change and brings people and organizations together, acting as a catalyst for improving health, especially for the underserved.

Information entered in CAHF's Grant Portal requires regular updating, either annually or as changes occur. Users (applicant and/or grantee) are responsible for maintaining the Grant Portal information current. Email sysadmin@conalma.org if you require assistance in making updates or need other technical assistance with the grant portal.