



Con Alma Health Foundation 2025 Multi-Year Information & Frequently Asked Questions

Con Alma Health Foundation (CAHF) Multi-Year Grant Cycle Dates

April 1, 2025 - Letters of Intent period opens

April 15, 2025 (11:59 pm) – Letters of Intent period closes

May 28, 2025 – Invitations sent to those advancing to complete a full application

June 2, 2025 – Full grant application period opens (by invitation)

June 30, 2025 (11:59 pm) - Full grant application period closes

November 2025 – Applicants notified of grant decision

December 2025 – Grant agreements and awards disbursed

January 1, 2026: 2025 Multi-Year Grant period begins

CAHF Information Sessions (Multi-Year Grant LOI)

Organizations wishing to submit an LOI are welcome to attend optional Zoom sessions offered on the following dates:

Wednesday, April 2nd at 10:00 AM - <https://us06web.zoom.us/j/2499238393?omn=82552001125>
Meeting ID: 249 923 8393

Thursday, April 3rd at 2:00 PM <https://us06web.zoom.us/j/2499238393?omn=82059932381>
Meeting ID: 249 923 8393

CAHF Question & Answer Sessions (no formal information share) (Multi-Year Grant LOI)

Tuesday, April 8th at 9:00 AM <https://us06web.zoom.us/j/2499238393?omn=81162783146>
Meeting ID: 249 923 8393

Wednesday, April 9th at 1:00 PM <https://us06web.zoom.us/j/2499238393?omn=85917957216>
Meeting ID: 249 923 8393

How to contact the Foundation

For all grant related questions, please email: sysadmin@conalma.org



General Multi-Year Grant Cycle Questions

1. How much can an organization apply for?

Applicants may request \$30,000, \$40,000 or \$50,000 for each year of support for up to 3 years

2. How many Multi-Year Grants will CAHF award?

For the 2025 Multi-Year Grant cycle, up to \$300,000 will be awarded annually. Therefore, approximately 6-10 grants will be awarded.

3. What is the difference between CAHF Annual Grants, the Northern NM Health Grants (NNMHGG) and Multi-Year Grants?

Multi-Year Grants award a higher amount of annual funding over multiple years with the expectation that the impact will be greater than what is expected from a yearly grant and is open to all statewide 501 (c)3 organizations (or those with a fiscal sponsor).

The Northern NM Health Grants focus on a specific geographic area which consists of Los Alamos, Rio Arriba, and outside the city limits of Santa Fe Counties.

4. What reporting will be required?

Progress reports for Year 1 and Year 2 are due in November. After review, funds are distributed in December for use in the following year. A comprehensive final report is required at the end of Year 3.

Eligibility & LOI/Application Questions

5. Are CAHF grants geographically restricted?

Yes. The Foundation's grants must benefit people living in New Mexico.

6. Can organizations not located in New Mexico apply?

Yes. However, the work for which you are seeking CAHF support must **directly** benefit people living in New Mexico.

7. Why does CAHF only fund 501(c)(3) nonprofit organizations?

Based on New Mexico state law and IRS regulations governing the Foundation, we can only make grants to 501(c)(3) organizations.

8. If an organization has applied in the past to CAHF, are they eligible to apply again?

Yes. Organizations may apply annually (whether an award is received or not).

9. If an organization is currently funded by CAHF, can they apply again?

If an organization is currently receiving funding and has met all the grant requirements to date, they may apply. If requirements for the current grant are unmet, then please discuss your project with Foundation staff before applying. Email sysadmin@conalma.org with this type of question.



Con Alma Health Foundation 2025 Multi-Year Information & Frequently Asked Questions

10. If an organization currently receives a Multi-Year Grant, can they apply for another CAHF Multi-Year Grant?

Yes, organizations may apply annually, regardless of whether they have received a Multi-Year Grant in the past. However, if applying for the same project that was previously funded organizations must demonstrate progress made under the prior grant.

11. Can a new organization apply for a CAHF Multi-Year Grant?

To be eligible for a Multi-Year Grant, an organization must demonstrate at least **three (3) years** of experience with a solid track record in facilitating programs. Applicants must have an Employer Identification Number (EIN) and a 501(c)(3) designation from the IRS.

If an organization does not have an EIN or 501(c)3 designation, then they may still apply through a fiscal sponsor. However, the applying organization must still demonstrate **three (3) years** of successful programming.

12. Can organizations submit more than one Multi-Year Letter of Intent (LOI) for funding if there are several different needs?

Each organization may submit only one LOI for the Multi-Year Grant cycle and one application for the annual CAHF grant cycle. Organizations serving as fiscal sponsors for a project or group may still submit their own applications for funding.

We strongly recommend that organizations do not submit the same proposal for both a the Multi-Year Grant and for another CAHF grant.

13. If a coalition has several partners, can each organization submit an individual LOI for their work or would a joint proposal be better?

The Foundation supports and encourages coalitions and collaborative efforts. We recommend submitting a single, joint proposal through the designated 'lead' organization identified by the coalition or collaborative. This approach ensures the application accurately reflects the coalition's shared vision, goals, activities, and outcomes. The proposed budget may also include resources needed by coalition partners to support their participation.

14. Are letters of support required or accepted?

The Foundation does **not** require nor accept letters of support **unless** an organization works within the jurisdiction of a Sovereign Nation. If the proposed work is within a Sovereign Nation, then you must upload a letter of support from an existing community group that is based within the tribal community or from a tribal governmental entity (department / agency) as an attachment to the application. **Letters of support or extra materials are not accepted.**

15. When are the Tribal letters of support due?

Tribal letters of support are due at the time an application is submitted. If additional time is needed to secure the letter(s), upload a document stating the reason for needing additional time with the application. If required documents are not uploaded by the agreed upon extension due date, the application will not be considered.



Budget Questions

16. Is a budget template required?

Yes. Those invited to complete the **full application** are required to complete a proposal budget template that includes all revenues that will support the work proposed for funding (secured and pending), all expenses of the proposed work, and itemized costs for the amount requested from CAHF. (NOTE: A budget is not required to be submitted in the Letters of Intent)

17. Will organizations have to submit an annual operating budget?

Yes. In addition to completing the proposal budget, organizations are asked to “upload a copy of the organization’s general operating budget, showing all revenue sources and major expense categories, for the most current fiscal year.” This is for the **entire** organization not just the proposal being submitted.

18. If an organization is applying through a fiscal sponsor, whose operating budget should be uploaded?

When applying through a fiscal sponsor, upload the full operating budget for the **applicant** organization (or group), showing all revenue sources and major expense categories, for the most current fiscal year. Do **not** upload the fiscal sponsor’s operating budget.

19. What are allowable administrative costs?

Allowable administrative costs are up to 20% of the grant award. When using a fiscal sponsor, organizations may allocate administrative costs up to 10% of the grant award PLUS 10% fiscal sponsor expenses.

20. Can these funds be used to support salaries?

Yes. We recognize the importance of supporting those who will accomplish the key activities outlined in your application. The project budget template includes salaries (personnel) as an option.

21. Is partial funding ever awarded? Or is it all or nothing?

Whenever possible we will award the full amount requested. In some circumstances partial funding will be awarded if the full amount is not available.

Definitions

22. Health Equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health.

23. Health in All Policies approach works to improve health by considering the positive and negative health impacts of all policy decisions, across all levels of government and all policy areas.

24. Social Determinants of Health are the “drivers of poor health that go beyond our genes and go beyond our personal behaviors” and which are systemic and that impact health (systems and services, behavioral, mental, cultural), wellness, quality of life (inclusive of education, employment, housing, income, wealth, public safety, environment-social & physical, transportation, etc.).

25. Social Justice is the distribution of wealth, opportunities, and privileges within a community.

26. Racial Equity gives people what they need to enjoy full, healthy lives, regardless of race.



About Con Alma Health Foundation

27. Where does CAHF's endowment come from?

In 2001, policymakers and health-consumer advocates collaborated to establish Con Alma Health Foundation with approximately \$20 million from the sale of Blue Cross Blue Shield of New Mexico. State law required that the assets be set aside for a nonprofit dedicated to health in New Mexico.

For almost 25 years, CAHF has invested over \$20 million in nonprofits improving health in New Mexico and bringing people together to work toward health equity.

28. What is CAHF's mission?

CAHF is organized to be aware of and respond to the health rights and needs of the culturally and demographically diverse peoples and communities of New Mexico. To fulfill this mission, CAHF makes grants, contributions, and program-related investments.

The information entered in CAHF's Grant Portal requires regular updating, either annually or as changes occur. Users (applicant and/or grantee) are responsible for maintaining the Grant Portal information current. Email sysadmin@conalma.org if you require assistance in making updates or need other technical assistance with the grant portal.