



Con Alma Health Foundation 2025 CAHF Grant Cycle Information & Frequently Asked Questions

Con Alma Health Foundation (CAHF) Annual Grant Cycle Dates

May 2, 2025 – CAHF Annual Grant cycle application opens
May 30, 2025 (11:59 pm) – CAHF Annual Grant cycle closes
November 2025 – Applicants notified of grant decision
December 2025 – Grant agreements and awards disbursed
January 1, 2026: 2025 CAHF Annual Grant period begins

CAHF Information Sessions (CAHF Annual Grants)

Organizations wishing to learn more about this grant opportunity are welcome to attend optional Zoom sessions offered on the following dates:

Tuesday, April 29th at 10:00 AM - <https://us06web.zoom.us/j/89760655257>
Meeting ID: 897 6065 5257

Wednesday, April 30th at 2:00 PM <https://us06web.zoom.us/j/84540765991>
Meeting ID: 845 4076 5991

CAHF Question & Answer Sessions (no formal information share) (CAHF Annual Grants)

Wednesday, May 14th at 9:00 AM <https://us06web.zoom.us/j/88201498203>
Meeting ID: 882 0149 8203

Thursday, May 22 at 2:00 PM <https://us06web.zoom.us/j/87235334045>
Meeting ID: 872 3533 4045

How to contact the Foundation

For all grant related questions, please email: sysadmin@conalma.org

General CAHF Annual Grant Cycle Questions

1. How much can an organization apply for?

Applicants may request: \$15,000, \$20,000, or \$25,000, \$30,000.

2. How many CAHF Annual Grants will be awarded?

For the 2025 CAHF Annual Grant cycle, up to \$800,000 will be awarded. Therefore, approximately 30 grants will be awarded.



Con Alma Health Foundation
2025 Annual Grant Cycle
Information & Frequently Asked Questions

Eligibility & Application Questions

3. Are CAHF Annual Grants geographically restricted?

Yes. Con Alma grants must benefit people living in New Mexico.

4. Can organizations not located in New Mexico apply?

Yes. However, the work for which you are seeking CAHF support must directly benefit people living in New Mexico.

5. Why does CAHF only fund 501(c)(3) nonprofit organizations?

Based on New Mexico state law and IRS regulations governing the Foundation, we can only make grants to 501(c)(3) organizations.

6. If an organization has applied in the past to CAHF, are they eligible to apply again?

Yes. Organizations may apply annually (whether an award is received or not).

7. If an organization is currently funded by CAHF, can they apply again?

If an organization is currently receiving funding and has met all the grant requirements to date, they may apply. If requirements for the current grant are unmet, then please discuss your project with Foundation staff before applying. Email sysadmin@conalma.org with this type of question.

8. Does CAHF fund ongoing programming and activities?

An organization that has previously received a CAHF Annual Grant and applies in subsequent years, for the same project, must show how it is building upon previous strategies.

Starting in 2025, Con Alma will award multi-year grants designed to support ongoing programming and activities.

9. Can a new organization apply?

Yes. Organizations that are newly formed may apply for a CAHF Annual Grant; however, an organization must have an Employer Identification Number (EIN) and have a 501c3 designation from the IRS to be considered. If you do not have either of these, an organization may still apply through a fiscal sponsor.

10. Can an organization submit more than one application for funding if they have several different needs?

Each organization may submit only one application for the Annual CAHF grant cycle. Organizations serving as fiscal sponsors for a project or group may still submit their own applications for funding.

11. If a coalition has several partners, can each organization submit an individual application for their work or would a joint proposal be better?

Submission of a single, joint proposal is recommended – submitted by the ‘lead’ organization identified by the coalition or collaborative. Doing so will ensure the application reflects the coalition’s vision, goals, activities, and outcomes. The proposed budget may include the resource needs of coalition partners for their participation.



Con Alma Health Foundation 2025 Annual Grant Cycle Information & Frequently Asked Questions

12. Are letters of support required or accepted?

The Foundation does **not** require nor accept letters of support **unless** an organization works within the jurisdiction of a Sovereign Nation. If the proposed work is within a Sovereign Nation, then you must upload a letter of support from an existing community group that is based within the tribal community or from a tribal governmental entity (department / agency) as an **attachment** to the application. **Letters of support or extra materials are not accepted.**

13. When are the Tribal support letters due?

Tribal letters of support are due at the time an application is submitted. If additional time is needed to secure the letter(s), upload a document stating the reason for needing additional time with your application. If required documents are not uploaded by the agreed upon extension due date, the application will not be considered.

Budget Questions

14. Is a budget template required?

Yes. The online application requires completion of a proposal budget template that includes all revenues that will support the work proposed for funding (secured and pending), all expenses of the proposed work, and itemized costs for the amount requested from Con Alma.

15. Will organizations have to submit an annual operating budget?

Yes. In addition to completing the proposal budget, organizations are asked to “upload a copy of the organization’s general operating budget, showing all revenue sources and major expense categories, for the most current fiscal year.”

16. If an organization is applying through a fiscal sponsor, whose operating budget should be uploaded?

When applying through a fiscal sponsor, organizations will upload the full operating budget for the **applicant** organization (or group), “showing all revenue sources and major expense categories, for the most current fiscal year.” Do **not** upload the fiscal sponsor’s operating budget.

17. What are allowable administrative costs?

Allowable administrative costs are up to 20% of the grant award. When using a **fiscal sponsor**, administrative costs up to 10% of the grant award are allowed PLUS up to 10% for the Fiscal Sponsor fees.

18. Can these funds be used to support salaries?

Yes. Con Alma recognizes the importance of providing support for those who will accomplish the key activities outlined in your application. The project budget template includes salaries (personnel) as an option.

19. Is partial funding ever awarded? Or is it all or nothing?

Whenever possible, we will award the full amount requested. In some circumstances partial funding will be awarded if the full amount is not available.



Con Alma Health Foundation 2025 Annual Grant Cycle Information & Frequently Asked Questions

Definitions & References

- 20. Health Equity** means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health.
- 21. Health in All Policies** approach works to improve health by considering the positive and negative health impacts of all policy decisions, across all levels of government and all policy areas.
- 22. Social Determinants of Health** are the “drivers of poor health that go beyond our genes and go beyond our personal behaviors” and which are systemic and that impact health (systems and services, behavioral, mental, cultural), wellness, quality of life (inclusive of education, employment, housing, income, wealth, public safety, environment-social & physical, transportation, etc.).
- 23. Social Justice** is the distribution of wealth, opportunities, and privileges within a community.
- 24. Racial Equity** giving people what they need to enjoy full, healthy lives, regardless of race.

About Con Alma Health Foundation

25. Where does CAHF’s endowment come from?

In 2001, policymakers and health-consumer advocates collaborated to establish Con Alma Health Foundation with approximately \$20 million from the sale of Blue Cross Blue Shield of New Mexico. State law required that the assets be set aside for a nonprofit dedicated to health in New Mexico.

For almost 25 years, CAHF has invested over \$20 million in nonprofits improving health in New Mexico and bringing people together to work toward health equity.

26. What is CAHF’s mission?

CAHF is organized to be aware of and respond to the health rights and needs of the culturally and demographically diverse peoples and communities of New Mexico. To fulfill this mission, CAHF makes grants, contributions, and program-related investments.

The information entered in CAHF’s Grant Portal requires regular updating, either annually or as changes occur. Users (applicant and/or grantee) are responsible for maintaining the Grant Portal information current. Email sysadmin@conalma.org if you require assistance in making updates or need other technical assistance with the grant portal.