

2019 GRANT RECIPIENTS



THE HEART &
SOUL OF HEALTH
IN NEW MEXICO



Con Alma Health Foundation grants focus on ensuring that all people have full and equal access to opportunities that enable them to lead healthy lives. To that end, the Foundation awards grants each year to support nonprofits' efforts to improve their communities' health.

Con Alma understands that health is more than healthcare. As such, the Foundation's grants reflect a diversity of strategies and issues that affect people's physical, mental, emotional, behavioral, social, oral, environmental, economic and spiritual well-being.

Whether through the Foundation's grantmaking, partnerships, research or reports, Con Alma serves as a catalyst for positive, systemic change. The emphasis of our grantmaking is on attaining long-term policy solutions and health equity that is informed by community voices.

Through our 2019 grant cycle, we have awarded 42 grants totaling \$665,000.

We congratulate the 2019 Grant recipients!



Northern Youth Project

Multi-Year Grants

Building alliance and capacity to address access and policies that advance health equity and impact underserved populations (Year three of three continuation funding for 4 grants, totaling \$200,000)

GENERATION JUSTICE

\$50,000

for innovative approaches that harness the power of media using inter-generational positive youth development in creating media campaigns focused on narratives based on truth, analysis and hope, and that shifts media narratives to health equity and systems change

NEW ENERGY ECONOMY

\$50,000

to build the capacity of four-corner residents to conduct a health impact assessment as an advocacy tool for community-driven transition planning that raises the voices of workers and residents impacted by the San Juan Generating Station and mine's imminent closure

NEW MEXICO VOICES FOR CHILDREN

\$50,000

to inform the public about proposed changes to and impacts of Medicaid on the health and economic security of New Mexicans by building community partnerships, conducting research and analysis, showcasing project findings and leveraging media to raise visibility

SANTA FE COMMUNITY COLLEGE

\$50,000

to develop the Licensed Practical Nurse Career Pathway, a nursing program at Capitol High School, and establish a core curriculum and sustainable model for other high schools in New Mexico



New Mexico Association of Grantmakers

General Operating and Project Grants

Supporting health systems strategies to address the needs of our diverse communities (15 grants, totaling \$200,000)

ALBUQUERQUE INTERFAITH

\$12,000

towards the New Mexicans for the Common Good rural organizing project that seeks to engage the often underrepresented voices of young people and people of color to effectively achieve policy change and revitalize investments that confront community challenges

EARTH CARE INTERNATIONAL

\$10,000

to activate, train and support youth and parent leaders from low-income families in Santa Fe County in a community-driven planning process to improve the health of their communities and lead sustainable development planning initiatives in Santa Fe's southside

CIBOLA GENERAL HOSPITAL

\$7,500

in support of the Healthcare Exploration Program to attract students in pursuing a healthcare career, especially in rural New Mexico, by assisting students to spend eight weeks of studying, observing, and working with healthcare workers in a variety of departments

EQUALITY NEW MEXICO FOUNDATION

\$18,000

to increase access to opportunity and equity for LGBTQ+ New Mexicans through the NM Safe Schools Initiative school bullying prevention, LGBTQ+ Youth Out of Home Working Group to engage youth experiencing homelessness, and LGBTQ+ Roundtable



HEALTHY NATIVE COMMUNITIES PARTNERSHIP

\$20,000

towards supporting locally developed wellness plans in three Northern Navajo communities in San Juan County that improve health, community life and recover traditional practices of communal decision-making

LA SEMILLA FOOD CENTER

\$14,000

towards establishment of a Healthy Food Financing Initiative (HFFI) fund with the City of Las Cruces, Doña Ana County, and the state of New Mexico as an economic development mechanism that invests in food businesses in traditionally underserved areas

MCKINLEY COMMUNITY HEALTH ALLIANCE

\$15,000

continued support of multi-disciplinary and cross-sector collaborations and engagement efforts focused on community-driven health priorities that have the potential to improve the lives of all McKinley County residents

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) NEW MEXICO

\$10,000

to promote good mental health and address barriers for individuals suffering from mental health issues and their families at NAMI affiliates in Bernalillo, Doña Ana, Luna, Otero, Sandoval and Santa Fe counties

NEW MEXICO BLACK HISTORY MONTH ORGANIZING COMMITTEE

\$14,000

to address unmet behavioral health needs in the black community by strengthening a coalition of culturally competent experts and partnerships with existing behavioral providers in Bernalillo, Sandoval, Torrance and Valencia counties

**NEW MEXICO ENVIRONMENTAL
LAW CENTER**

\$15,000

to assist communities in Bernalillo County's South Valley impacted by airborne industrial contaminants by scientifically assessing air pollution's effects on their health, while also catalyzing legal and policy solutions that prioritize residents' safety

NEW MEXICO STATE UNIVERSITY

\$18,000

to address youth suicide in New Mexico/Mexico *colonias* border communities by training *promotoras* to mentor, educate and help families advocate for their own mental health and the health of their families and neighbors

NEW VISTAS

\$14,000

to support effective and inclusive services to children birth to three with or at risk for developmental delays by incorporating innovative use of telehealth care to reach rural families in Mora, San Miguel and Santa Fe counties

**PEGASUS LEGAL SERVICES
FOR CHILDREN**

\$7,500

to assist Isleta Pueblo Tribal Court leadership address child welfare practices by combining Pegasus' legal expertise and multi-disciplinary teams with the Pueblo's specific cultural and health requirements in the development of best practices and policies

**TESSA ANDERSON SUICIDE
PREVENTION COALITION**

\$10,000

to increase outreach, education and suicide prevention among community partners such as local organizations, health councils, city officials, school personnel, medical professionals, and law enforcement in Chaves, Eddy, and Roosevelt counties

**TULAROSA BASIN DOWNWINDERS
CONSORTIUM (TBDC)**

\$15,000

to gather data, family histories, and research that may lead to the first time inclusion of New Mexicans in the Radiation Exposure Compensation Act for those affected by nuclear radiation, with emphasis on the Trinity Site fallout area



San Juan Collaborative for Health Equity

Technical Assistance Grants

Strengthening the capacity of New Mexico's nonprofit sector
(9 grants, totaling \$115,000)

FATHERS NEW MEXICO

\$14,000

towards building organizational capacity to expand services, strengthen existing referral pathways and support an underserved population of young fathers and their families, especially participants who are not in school, in Bernalillo, Sandoval and Santa Fe counties

NEW MEXICO COALITION AGAINST DOMESTIC VIOLENCE

\$15,000

to support trainings that build the capacity of key personnel who work with survivors of domestic violence (first responders, health care personnel, and advocates) to identify and treat Traumatic Brain Injury

NEW MEXICO COALITION TO END HOMELESSNESS

\$7,500

to provide technical assistance to agencies implementing the Youth Homelessness Demonstration Program and strengthening Youth Advisory Boards in Santa Fe, San Juan, McKinley, Sandoval and Taos counties

NEW MEXICO KIDS MATTER

\$15,000

towards enhancing data systems, tools, and processes in Bernalillo County and the Albuquerque Metro Region that facilitate the proper implementation of the Indian Child Welfare Act (ICWA) for Native American children in foster care

SANTA FE RECOVERY CENTER

\$16,000

towards enhancing the Center's administrative infrastructure and board's capacity to respond to the Center's growth, funding and programmatic complexity in addressing New Mexico's increase in substance abuse and alcoholism

SCOTT'S HOUSE

\$15,000

to build the capacity of this newly launched, social model hospice house in setting up the software and systems for scheduling, patient records and patient coordination, legal services, computer and Internet services

SUPPORTING PEOPLE IN NEED (SPIN)

\$7,500

towards building staff capacity to engage in collaborative efforts that address policy barriers to creating permanent supportive housing and services for people with disabilities, especially mental illness, who struggle with homelessness in Grant County

WINGS FOR L.I.F.E.

\$9,000

to provide measurable outcomes data about the efficacy of the Building Assets Social and Emotional Learning Skills after-school programs offered to elementary-school age children in the Roswell Independent School District

ZUNI YOUTH ENRICHMENT PROJECT

\$16,000

towards formalizing a storytelling strategy that inspires and increases understanding of Zuni's traditional youth development practices by increasing opportunities for Zuni community members to define health in indigenous and relevant ways





McKinley Community Health Alliance

Northern New Mexico Health Grants Group

Promoting the health and wellness of the people of Los Alamos, Rio Arriba, and northern Santa Fe counties through a partnership between the Con Alma Health Foundation and the Hospital Auxiliary for Los Alamos Medical Center (14 grants, totaling \$150,000)

ANGIOMA ALLIANCE, NEW MEXICO BRANCH

\$7,500

in support of the Baca Family Historical Project's efforts to decrease barriers to accessing health care for those affected by a genetic form of cerebral cavernous malformations, a blood-vessel illness affecting residents of northern New Mexico

BARRIOS UNIDOS

\$10,000

in support of The Querencia Project, an intergenerational project that seeks to address spiritual health, promote solutions, and community cohesion by creating an ethos of cooperation and incorporating cultural and traditional wisdom as additional healing paradigms

FAMILY STRENGTHS NETWORK (FSN)

\$15,500

promoting a culture shift through programs that encourage social inclusion, increased peer support and resources, and decrease isolation of those with developmental disabilities, grandparents raising grandchildren, and families with young children

THE FAMILY YMCA

\$15,000

towards the Española YMCA Teen Center which advances teen health and resiliency by providing educational support, skill-building opportunities, and caring adult mentors who help guide youth toward responsible choices and access medical and behavior health resources

FOUR BRIDGES TRAVELING PERMACULTURE INSTITUTE

\$10,000

for Agri-Kidz program which provides youth with opportunities to prepare community meals, work in an educational farm, public spaces, and farmer's markets to preserve traditional knowledge, emphasize culture, and intergenerational wisdom

INSIDE OUT

\$15,000

towards outreach efforts that provide positive modeling, open dialogue and non-judgmental service programs that support recovery of indigent populations suffering with substance abuse and mental health illnesses in rural northern New Mexico

LOS ALAMOS FAMILY COUNCIL

\$15,000

towards Easing the Pain of Behavioral Health Costs efforts that provide short-term, limited support for indigent individuals challenged by substance abuse, domestic violence and suicide ideation who can't afford to pay for services

LOS ALAMOS JUVENILE JUSTICE ADVISORY BOARD

\$12,000

to provide the Youth Mental Health First Aid Trainings to neighboring communities and additional area school districts, which will help prevention specialists and counselors recognize symptoms of youth in crisis and refer them to services

LOS ALAMOS MAKERS

\$10,000

in support of increasing vocational training and professional opportunities in modern manufacturing and basic creative skills for youth and adults with special needs in an inclusive, supportive and safe environment equipped with accommodations for various developmental disabilities

LOS ALAMOS PUBLIC SCHOOLS FOUNDATION

\$7,500

to support creating a safer environment in schools by increasing awareness about the importance of automated external defibrillators and making them available in five Los Alamos elementary schools and in the school District's Office

LOS ALAMOS VISITING NURSE SERVICE (LAVNS)

\$7,500

towards upgrading the organization's server to secure and enhance communication with patients, clinical staff, physicians and others, ensure compliance and safe storage of patient information and prepare for potential telehealth needs

PUBLIC HEALTH ACUPUNCTURE OF NEW MEXICO

\$7,500

towards training, certification, and supervision of state certified auricular detoxification specialists to provide treatment for substance-use withdrawal and prevent relapse in collaboration with grass-roots partners in Chimayo and Española areas

SANTA FE RECOVERY CENTER

\$10,000

to ensure women and their young children receive comprehensive trauma-informed treatment and family-centered support services through a collaborative, cross-agency, multidisciplinary treatment team approach

SELF HELP

\$7,500

towards improving access to information and increasing community and local organizations awareness and use of basic needs and mental health resources through the 211 Information and Referral Project and Los Alamos Mental Health Access Project





*The Heart & Soul of
Health in New Mexico*

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OCTOBER 2019