2004 ANNUAL REPORT

Con Alma

The Heart and Soul of Health in New Mexico

Con Alma
Health Foundation, Inc.
MISSION

The Mission of Con Alma is to be aware of and respond to the health rights and needs of culturally and demographically diverse peoples and communities of New Mexico.

Con Alma seeks to improve the health status and access to health care services for all New Mexicans and advocate for a health policy that addresses their health needs. The Foundation makes grants, contributions, and program related investments to fulfill this Mission.

MESSAGE

Since its creation in 2001, Con Alma Health Foundation has been filling the gaps in public and private health care services across New Mexico. This has been an exciting time in which we have continued the work of growing a new health Foundation.

Our third year of grant making has been a time of growth, learning more about the health needs in New Mexico communities and developing partnerships. Over the last two years we have presented more than $2.3 million dollars in grants to New Mexico health non-profits. This investment has addressed issues such as substance abuse, mental health, health care for the homeless, and health education for many diverse populations.

Based on the scope and complexity of New Mexico health needs, Con Alma knows that collaboration is required among health professionals, government, business leaders, foundations, and health organizations. We have been actively leading and working with these partners to encourage a sharing of experience and ideas, so that our resources can have the greatest impact on the health of all New Mexico citizens.

We extend a special “Thank You” to our Board of Trustees, Community Advisory Committee, program partners, and donors for fostering a future that improves the health status and access to health care services and will advocate for a health policy, which will address the current and future needs of all New Mexicans.

ERIC P. SERNA
President, Con Alma Health Foundation
2004 Target Grant

**AWARDEES**

- Abrazos Family Support Services - Sandia County
- Center of Protective Environment - Alamogordo
- Chaparral Community Health Council - Chaparral
- DAC Advocates - Las Cruces
- Domestic Unity - Las Cruces
- Gathering Place - Las Cruces
- Gerard’s House - Taos
- Health Action New Mexico - Santa Fe
- Hidalgo Medical Services - Reserve
- Jardin de los Niños - Las Cruces
- National Indian Youth Leadership Project - Gallup
- NM Coalition Against Domestic Violence - Albuquerque
- P&J Family Services, Inc. - Albuquerque
- Presbyterian Medical Services - Santa Fe
- Service Organization for Youth, Inc. - Santa Fe
- Western NM University Foundation - Silver City
- JARDIN DE LOS NIÑOS - Las Cruces
- AMERICAN CANCER SOCIETY - Albuquerque
- American Cancer Society - Albuquerque
- SUPPORT FOR 100 HOMELESS CHILDREN - Santa Fe
- SMART GIRLS PILOT - Santa Fe
- Service Organization for Youth, Inc. - Santa Fe
- AFTER SCHOOL PROGRAM - Santa Fe
- SOUTHWESTERN COLLEGE - Santa Fe
- JARDIN DE LOS NIÑOS - Las Cruces
- AMERICAN CANCER SOCIETY - Albuquerque
- NM Coalition Against Domestic Violence - Albuquerque
- PUPPETS ARE LIFE SAVERS (PALS) - Albuquerque
- Presbyterian Medical Services - Santa Fe
- Health Action New Mexico - Santa Fe
- SMART GIRLS PILOT - Santa Fe
- AFTER SCHOOL PROGRAM - Santa Fe
- BODY POSITIVE EATING DISORDER AWARENESS PROGRAM - Corrales
- HEALTH SECURITY FOR NEW MEXICANS - Corrales
- NM HUMAN NEEDS COORDINATING COUNCIL - Albuquerque
- PARTNERS IN EDUCATION/COOKING WITH KIDS - Santa Fe
- REACH 2000 - Roswell
- SOUTHWESTERN COLLEGE - Santa Fe
- TEWA WOMEN UNITED - Santa Fe
- NM HUMAN NEEDS COORDINATING COUNCIL - Albuquerque
- PARTNERS IN EDUCATION/COOKING WITH KIDS - Santa Fe
- REACH 2000 - Roswell
- SOUTHWESTERN COLLEGE - Santa Fe
- TEWA WOMEN UNITED - Santa Fe

2004 Small Grant

**AWARDEES**

- Chaparral Community Health Council - Chaparral
- NM Coalition Against Domestic Violence - Albuquerque
- Presbyterian Medical Services - Santa Fe
- Service Organization for Youth, Inc. - Santa Fe
- Western NM University Foundation - Silver City
- JARDIN DE LOS NIÑOS - Las Cruces
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**2004 Small Grant**

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**Grantee PROFILE**

**THE GATHERING PLACE**
The Shima Yaahi Home Health Visiting Program  
**LOCATION:** Box 838, Thoreau, NM 87323  
**AREA SERVED:** Indigent families located on the eastern end of the Navajo Indian Reservation and surrounding areas of McKinley and Cibola Counties.  
**INDIVIDUALS SERVED:** All of our clients are indigent; most have very low reading ability. In 2004 we provided home visiting services to 200 families, 237 children. Staff made a total of 2248 home visits to their assigned clients/families.  
**MISSION:** To provide culturally relevant projects, information and services on the eastern end of the Navajo Indian Reservation and surrounding areas that assist families and individuals to develop self-sufficiency, increase economic opportunities and promote health and literacy levels.  
**ACCOMPLISHMENTS:** By working closely with the Gallup, New Mexico Domestic Violence Task Force, we have been able to get a legal aid lawyer assigned to assist our client/families deal with the increasing numbers of domestic violence issues and the delays they face in qualifying for services from a variety of community service organizations. The legal support also helps reduce the waiting time for applications from 6-8 weeks to 2 weeks, assist with Workman’s Compensation issues related to “unsafe work environments” that lead to injuries and to find homes for families with domestic violence histories.  
**M O S T I M P O R T A N T G A I L:** Continue to work with all communities, courts and law enforcement agencies to eliminate abuse/neglect/domestic violence. Seek additional grant monies that will allow us to hire additional staff so that we can increase our program services to families/clients.  
**A M O U N T O F A W A R D:** $70,000.00

**JARDIN DE LOS NIÑOS**  
SELF Health Program  
**LOCATION:** 999 W. Amador, Las Cruces, NM 88001  
**AREA SERVED:** Dona Ana County  
**INDIVIDUALS SERVED:** During 2004, eleven SELF Health classes were taught to a total of 103 parents.  
**MISSION:** To provide fun, interactive classes that addressed the most basic health and nutrition needs of homeless/near homeless parents and providing backpacks of health-related supplies for each family.  
**ACCOMPLISHMENTS:** Based on parent evaluations, these classes proved to be the most useful and enjoyable of all our parenting classes. Comments from parents included, “I have learned how important it is to take better care of myself” and “I have the right to ask questions when I go to the doctor”.  
**M O S T I M P O R T A N T G A I L:** To expand our SELF Health Program to include our after school children. We are in the process of developing a curriculum and offering 8 interactive classes to our children ages 6 through 12.  
**A M O U N T O F A W A R D:** $9060

**REACH 2000**  
Smiles For The Future  
**LOCATION:** PO Box 3068, Roswell, NM 88202  
**AREA SERVED:** Chaves County (SE NM)  
**INDIVIDUALS SERVED:** Serves ages 2-10 and in 2004 6,352 low-income services for children were provided through the program that is a collaborative arrangement among several entities including REACH 2000, ENMU-Roswell, the New Mexico Department of Health, the University of New Mexico Community Voice Program and local agencies.  
**MISSION:** To provide dental services for children ages 2-18 regardless of ability to pay. Smiles For The Future provides dental services including screening, prophy, and treatment.  
**ACCOMPLISHMENT:** In 2004, a full-time dentist was recruited to work in the program thus reaching a significant goal to provide services five days a week.  
**M O S T I M P O R T A N T G A I L:** Subject to the availability of funding, to complete pilot phase and extend and sustain regular teletherapeutic visits to children in three communities and parents in three New Mexico prisons.  
**A M O U N T O F A W A R D:** $50,000.00

**TELEThERAPEUTIC VISITS FOR CHILDREN OF PRISONERS (TVCP)**  
**LOCATION:** Headquartered at PB&J Family Services, Inc., Albuquerque.  
**AREA SERVED:** The pilot project has connected an Albuquerque child to her inmate father in Hobbs. The goal is a statewide program.  
**INDIVIDUALS SERVED:** Children of prisoners, their families and their incarcerated parents  
**MISSION:** To break the cycle of intergenerational crime by reducing the isolation and stress children of prisoners experience by helping them establish and maintain the bond between them and their inmate parents through televideo visits and by helping them deal with the damage to that bond caused by incarceration.  
**ACCOMPLISHMENTS:** Obtained commitment from several state prisons, including Hobbs, to participate in televideo visits which laid groundwork for pilot visit in 2005.  
**M O S T I M P O R T A N T G A I L:** To provide services to children and maintain the bond between them and their incarcerated parents through televideo visits and by helping them establish and maintain the bond between them and their inmate parents through televideo visits and by helping them deal with the damage to that bond caused by incarceration.  
**A M O U N T O F A W A R D:** $9060
Policies: Grant recommendations are made by the Con Alma Health Foundation Grantmaking Committee and are ratified by the Foundation’s Board of Trustees.

Funding Restrictions: Grants are limited to qualified 501(c)(3) nonprofit organizations serving the residents of the state of New Mexico. Grants are not made to individuals, for scholarships/fellowships or for bricks, mortar, or property.

Areas of Interest: Con Alma Health Foundation focuses broadly in the areas of health and human services with special emphasis on culturally diverse, rural and tribal communities. From 2003 through 2005, Con Alma is funding primarily organizations that work in the area of youth risk behaviors. Con Alma gives priority consideration to proposals that demonstrate strong collaborative relationships, have multiple funding sources, have a plan for sustainability, and address systemic change rather than direct services.

Schedules: The Con Alma grant guidelines are distributed in late spring and proposals are due in early fall. For donations or grant information contact: Con Alma Health Foundation, Inc., 144 Park Avenue, Santa Fe, NM 87501, tel 505.438.0776, fax 505.438.6223, www.conalma.org

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**Statement of Activities for the Year Ended December 31, 2004**

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<th>REVENUES AND SUPPORT</th>
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<th>PERMANENTLY RESTRICTED</th>
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<td><strong>TOTAL REVENUE</strong></td>
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| CHANGE IN NET ASSETS                     | 218,670      | 1,538,600              |                        | 1,757,270  |

| NET ASSETS, BEGINNING OF YEAR            | 474,464      | 21,795,483             | 3,500,000              | 25,770,129 |

| NET ASSETS, END OF YEAR                  | $693,316     | 23,334,083             | 3,500,000              | 27,527,399 |

This summarized information is derived from the audited financial statements, which can be obtained from the Foundation’s office.
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Robert J. Desiderio

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Santa Fe

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Deborah Hartz
Albuquerque

Treasurer
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Santa Fe

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Mesilla
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Mesilla
Regina Martinez
Albuquerque

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Vice Chair
Elaine Stone, Ph.D.
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Robert J. Desiderio
Executive Director